



# CoachinU Assessment

# Welcome



## What skills make a coach effective?

*“Effective coaches do not have to be specialists in the business fields where they coach. However, they do need to be **expert coaches**. “*

- John Whitmore, Author of “Coaching for Performance”

*“To be a genuinely helpful and first-rate coach, **you must know yourself**. Honing the interpersonal skills you need as a coach leads to better customer and client relations and a more devoted and loyal team. “*

- Max Landsberg, Author of “The Tao of Coaching”

***Do you have the ability to unleash the potential in others?  
Find out now***



## Assessment helps ...

- ✓ Knowledge of the **skills required by a successful coach**
- ✓ Greater **understanding of your strengths** as a coach
- ✓ Know **your coaching style**
- ✓ **Increased confidence** to have effective coaching conversations
- ✓ **Adapt your approach** based on coachee and his/her needs.

## About CoachinU Assessment

A coach has several roles to perform. His objective is to help individuals **expand themselves to be able to think creatively and move "outside the box" in order to create impact in their work, performance, and life.**

Before he can effectively coach others, he needs to be aware of his own strengths, dilemmas and blind-spots. Knowing the strengths as well as blind spots help manage the coaching relationship effectively.

**CoachinU** Assessment is a versatile assessment that provides the foundation for a deep understanding of individual coaching style.

**CoachinU** Assessment measures **8 Essential skills of a coach** and provides you with your personalized report.

It's 15 minutes online assessment that provides insights on current level of skills, capitalize on your strengths, target areas for further development, and plan action steps to become an effective coach.

You can select from 2 different options for CoachinU Assessment:

- 1> Self Assessment
- 2> 360 Assessment

**So invest in yourself and take the assessment today**

# CoachinU Assessment Model

A Coach need to be patient, detached, supportive, interested, self- aware, and attentive. He/She requires various skills that they need to demonstrate to be an effective coach.

We have developed a framework to create awareness of you as coach, skills required to overcome the challenges or become effective in the your journey as a coach. There are 8 essential skills of any competent coach to demonstrate.



**Know Your Strengths  
Take the Assessment Today!**



[www.leaderinu.in](http://www.leaderinu.in)

[info@leaderinu.in](mailto:info@leaderinu.in)

